

1998 MIAC Women's Swimming & Diving Results

Individual Finals Results (Top three earn All-Conference honors)

200-Yard Freestyle Relay

(MIAC record 1:38.94, NCAA Automatic Qualifier 1:37.89, NCAA Provisional Qualifier 1:39.99)

School	Time
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| 1. College of St. Benedict | 1:38.66 (MIAC Record, NCAA Prov.) |
| Michelle Macy (Jr.), Katie Olson (So.), Kristin Koch (Sr.), Courtney Remes (So.) | |
| 2. Carleton College | 1:40.12 |
| Cindy Craig (Jr.), Jalean Plotz (So.), Sandi Phinney (Sr.), Melissa Powell (Sr.) | |
| 3. St. Olaf College | 1:40.58 |
| Debbie Pagels (Fr.), Chrissy Soule (Fr.), Lisa Soule (Sr.), Emily Taylor (Sr.) | |
| 4. Gustavus Adolphus College | 1:40.62 |
| Jessie Wagner (Fr.), Karin Fuzzey (Jr.), Jayme Bartelt (Jr.), Sarah Krohn (Sr.) | |
| 5. University of St. Thomas | 1:45.27 |
| Kathy Vaughn (So.), Brooke Panaluna (So.), Jolyne Moberg (Fr.), Angie Childers (Jr.) | |
| 6. Macalester College | 1:45.97 |
| Annie Halberg (Fr.), Karin Halvorson (Fr.), Jennie Whitehouse (So.), Naomi Lince (Sr.) | |
| 7. Concordia College-Moorhead | 1:46.37 |
| Lindsey Bailey (Sr.), Anna Berg (Fr.), Jill Backman (Jr.), Carrie Bunger (Fr.) | |
| 8. College of St. Catherine | 1:47.63 |
| Frannie Villfana (So.), Mollie Boone (So.), Emilie Petersen (Jr.), Sally Griffith (So.). | |

500-Yard Freestyle

(MIAC Record 4:59.19, NCAA Automatic Qualifier 5:05.99, NCAA Provisional Qualifier 5:12.99)

Name	Yr.	School	Time
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|---------------------|-----|-----|----------------------|
| 1. Katy Linstroth | So. | STO | 5:10.66 (NCAA Prov.) |
| 2. Chrissy Soule | Fr. | STO | 5:14.55 |
| 3. Karin Halvorson | Fr. | MAC | 5:16.62 |
| 4. Chrissy Lefler | Jr. | STO | 5:17.21 |
| 5. Michelle Macy | Jr. | CSB | 5:17.52 |
| 6. Carrie Gloudmans | So. | CAR | 5:20.92 |
| 7. Katie Elliott | Sr. | STO | 5:20.92 |
| 8. Carrie Bunger | Fr. | CON | 5:22.03 |

200-Yard Individual Medley

(MIAC Record 2:11.46, NCAA Automatic Qualifier 2:10.39, NCAA Provisional Qualifier 2:13.99)

Name	Yr.	School	Time
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|----------------------|-----|-----|---------|
| 1. Noelle Peterson | Fr. | CSB | 2:14.51 |
| 2. Michelle Koch | Fr. | CSB | 2:14.78 |
| 3. Kristi Buecksler | So. | STO | 2:16.46 |
| 4. Chris DeLong | Sr. | STO | 2:16.70 |
| 5. Frannie Villafana | So. | CSC | 2:17.60 |
| 6. Emily Paulson | So. | SMU | 2:18.59 |
| 7. Kathy Vaughn | So. | UST | 2:18.61 |
| 8. Kellie Collins | So. | SMU | 2:18.79 |

50-Yard Freestyle

(MIAC Record 24.10, NCAA Automatic Qualifier 24.39, NCAA Provisional Qualifier 24.89)

Name	Yr.	School	Time
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|--------------------|-----|-----|---------------------------------|
| 1. Courtney Remes | So. | CSB | 24.48 (Meet Record, NCAA Prov.) |
| 2. Cindy Craig | Jr. | CAR | 24.94 |
| 3. Debbie Pagels | Fr. | STO | 25.11 |
| 4. Kristin Koch | Sr. | CSB | 25.14 |
| 5. Sarah Krohn | Sr. | GAC | 25.19 |
| 6. Patrice Barrett | Fr. | CSB | 25.30 |
| 7. Melissa Powell | Sr. | CAR | 25.41 |
| 8. Heather Niemi | Fr. | CSB | 25.64 |

One-Meter Diving

(MIAC Record 409.60, NCAA Automatic Qualifier 370)

Name	Yr.	School	Score
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|--------------------|-----|-----|--------|
| 1. Heidi Barklow | Jr. | CSB | 346.15 |
| 2. Leanna Williams | Jr. | STO | 331.70 |
| 3. Crystal Duisch | Fr. | UST | 328.90 |
| 4. Erika Halvorsen | Sr. | CON | 320.90 |
| 5. Jessica Johnson | Fr. | CSB | 316.30 |
| 6. Susan Suldvedt | Fr. | GAC | 306.35 |
| 7. Nissa Inselman | So. | UST | 305.10 |
| 8. Margie Goodwin | Fr. | MAC | 275.65 |

400-Yard Medley Relay

(MIAC record 4:00.39, NCAA Automatic Qualifier 3:59.09, NCAA Provisional Qualifier 4:03.59)

School Time

- 1. College of St. Benedict 3:59.96 (MIAC Record, NCAA Prov.)**
Noelle Peterson (Fr.), Deanne Siverson (Sr.), Katie Olson (So.), Michelle Macy (Jr.)
- 2. St. Olaf College 4:02.23 (NCAA Prov.)**
Chrissy Soule (Fr.), Kristi Buecksler (So.), Katy Lindstroth (So.), Debbie Pagels (Fr.)
- 3. Carleton College 4:08.29**
Sandi Phinney (Sr.), Kelly Hoeschen (So.), Ellen Sukovich (Fr.), Jalean Plotz (So.)
4. University of St. Thomas 4:15.98
Angie Childers (Jr.), Brooke Penaluna (So.), Kathy Kachelmeyer (So.), Kathy Vaughn (So.)
5. Gustavus Adolphus College 4:17.20
Jessie Smith (Fr.), Jenny Sather (Fr.), Ann Young (Fr.), Jayme Bartelt (Jr.)
6. Concordia College-Moorhead 4:19.88
Lindsey Bailey (Sr.), Shana Letnes (Fr.), Lacy Wallace (Fr.), Carrie Bunger (Fr.)
7. Hamline University 4:21.94
Sarah Braschler (Fr.), Robin Stoffel (Sr.), Nora Yanos (Jr.), Maryrose Dolezal (Jr.)
8. Macalester College 4:25.30
Jennie Whitehouse (So.), Betsy Groshens (Fr.), Karin Halvorson (Fr.), Annie Hallberg (Fr.)

200-Yard Medley Relay

(MIAC record 1:50.08, NCAA Automatic Qualifier 1:49.49, NCAA Provisional Qualifier 1:51.99)

School Time

- 1. College of St. Benedict 1:48.68 (MIAC Record, NCAA Auto.)**
Noelle Peterson (Fr.), Deanne Siverson (Sr.), Katie Olson (So.), Courtney Remes (So.)
- 2. St. Olaf College 1:53.19**
Lissa Soule (Sr.), Kristi Buecksler (So.), Katy Linstroth (So.), Debbie Pagels (Fr.)
- 3. Carleton College 1:53.30**
Sandi Phinney (Sr.), Kelly Hoeschen (So.), Ellen Sukovich (Fr.), Melissa Powell (Sr.)
4. Gustavus Adolphus College 1:55.06
Jessie Smith (Fr.), Jenny Sather (Fr.), Ann Young (Fr.), Sarah Krohn (Sr.)
5. University of St. Thomas 1:55.63
Alexia Klemp (So.), Brooke Penaluna (So.), Kathy Kachelmeyer (So.), Angie Childers (Jr.)
6. Hamline University 1:58.50
Sarah Braschler (Fr.), Robin Stoffel (Sr.), Nora Yanos (Jr.), Maryrose Dolezal (Jr.)
7. Concordia College-Moorhead 2:00.46
Lacy Wallace (Fr.), Shana Letnes (Fr.), Becky Howard (Sr.), Lindsey Bailey (Sr.)
8. Macalester College 2:03.52
Jessica Vetter (So.), Betsey Groshens (Fr.), Naomi Lince (Sr.), Jennie Whitehouse (So.)

400-Yard Individual Medley

(MIAC Record 4:37.13, NCAA Automatic Qualifier 4:34.99, NCAA Provisional Qualifier 4:45.99)

Name Yr. School Time

- 1. Chrissy Soule Fr. STO 4:45.60 (NCAA Prov.)**
- 2. Michelle Koch Fr. CSB 4:49.23**
- 3. Jordan Pitcher Sr. CAR 4:50.73**
4. Erica Coady So. GAC 4:51.43
5. Lisa Soma Sr. CSB 4:59.62
6. Annie Hallberg Fr. MAC 5:00.85
7. Amy Rudser So. STO 5:01.84
8. Katie Elliott Sr. STO 5:04.53

100-Yard Butterfly

(MIAC Record 58.27, NCAA Automatic Qualifier 58.99, NCAA Provisional Qualifier 1:00.29)

Name Yr. School Time

- 1. Katie Olson So. CSB 59.97 (NCAA Prov.)**
- 2. Jalean Plotz So. CAR 1:01.49**
- 3. Ellen Sukovich Fr. CAR 1:01.52**
4. Emily Taylor Fr. STO 1:01.91
5. Ann Young Fr. GAC 1:02.55
6. Kellie Collins So. SMU 1:02.69
7. Emily Paulson So. SMU 1:03.70
8. Kathy Kachelmeyer So. UST 1:05.05

200-Yard Freestyle

(MIAC Record 1:53.96, NCAA Automatic Qualifier 1:55.19, NCAA Provisional Qualifier 1:57.79)

Name Yr. School Time

- 1. Katy Lindstroth So. STO 1:56.69 (NCAA Prov.)**
- 2. Michelle Macy Jr. CSB 1:57.88**
- 3. Chrissy Lefler Jr. STO 1:59.69**

4. Karin Halvorson	Fr. MAC	2:00.92
5. Sarah Krohn	Sr. GAC	2:00.96
6. Carrie Bunger	Fr. CON	2:01.05
7. Kathy Vaughn	So. UST	2:02.57
8. Heather Niemi	Fr. CSB	2:02.67

100-Yard Breaststroke

(MIAC Record 1:04.82, NCAA Automatic Qualifier 1:06.99, NCAA Provisional Qualifier 1:09.19)

Name	Yr.	School	Time
1. Shana Lentes	Fr.	CON	1:08.16 (NCAA Prov.)
2. Deanne Siverson	Sr.	CSB	1:08.68 (NCAA Prov.)
3. Kristi Buecksler	So.	STO	1:08.71 (NCAA Prov.)
4. Kelly Hoeschen	So.	CAR	1:08.78 (NCAA Prov.)
5. Katie Olson	So.	CSB	1:09.42
6. Brooke Penaluna	So.	UST	1:11.34
7. Molly Nygaard	So.	STO	1:11.65
8. Jenny Sather	Fr.	GAC	1:12.87

100-Yard Backstroke

(MIAC Record 59.38, NCAA Automatic Qualifier 59.59, NCAA Provisional Qualifier 1:01.19)

Name	Yr.	School	Time
1. Noelle Peterson	Fr.	CSB	59.67 (Meet Record, Pool Record, NCAA Prov.)
2. Courtney Remes	So.	CSB	1:00.03 (NCAA Prov.)
3. Kristin Koch	Sr.	CSB	1:00.74 (NCAA Prov.)
4. Chris DeLong	Sr.	STO	1:01.97
5. Sarah Braschler	Fr.	HAM	1:02.28
6. Lissa Soule	Sr.	STO	1:02.99
7. Sandi Phinney	Sr.	CAR	1:03.12
8. Angie Childers	Jr.	UST	1:03.71

800-Yard Freestyle Relay

(MIAC record 7:44.64, NCAA Automatic Qualifier 7:47.99, NCAA Provisional Qualifier 8:00.09)

School	Time
1. St. Olaf College	7:53.83 (Pool Record, NCAA Prov.)
Chrissy Lefler (Jr.), Chrissy Soule (Fr.), Emily Taylor (Fr.), Katy Linstroth (So.)	
2. College of St. Benedict	8:00.94
Michelle Macy (Jr.), Michelle Koch (Fr.), Kristin Koch (Sr.), Courtney Remes (So.)	
3. Gustavus Adolphus College	8:11.89
Ann Young (Fr.), Erica Coady (So.), Jayme Bartelt (Jr.), Sarah Krohn (Sr.)	
4. Macalester College	8:14.07
Annie Halberg (Fr.), Alison McIntosh (Fr.), Karin Halvorson (Fr.), Naomi Lince (Sr.)	
5. Carleton College	8:14.20
Jalean Plotz (So.), Ellen Sukovich (Fr.), Carrie Gloudmans (So.), Cindy Craig (Jr.)	
6. University of St. Thomas	8:28.99
Jolayne Moberg (Fr.), Kathy Vaughn (So.), Carrie Wilson (So.), Laura Palombi (Fr.)	
7. Concordia College-Moorhead	8:33.40
Janey Hill (So.), Jill Backman (Jr.), Anna Berg (Fr.), Carrie Bunger (Fr.)	
8. College of St. Catherine	8:35.06
Frannie Villafana (So.), Molly Boone (So.), Katie Prugh (So.), Emilie Petersen (Jr.)	

1,650-Yard Freestyle

(MIAC Record 17:16.24, NCAA Automatic Qualifier 17:36.99, NCAA Provisional Qualifier 18:09.99)

Name	Yr.	School	Time
1. Karin Halvorson	Fr.	MAC	17:58.19 (NCAA Prov.)
2. Michelle Macy	Jr.	CSB	18:16.72
3. Chrissy Lefler	Jr.	STO	18:17.86
4. Carrie Bunger	Fr.	CON	18:22.98
5. Carrie Gloudmans	So.	CAR	18:25.92
6. Amy Rudser	So.	STO	18:43.09
7. Anne Sateren	Fr.	STO	18:50.38
8. Janey Hill	So.	CON	18:51.73

200-Yard Backstroke

(MIAC Record 2:07.83, NCAA Automatic Qualifier 2:07.59, NCAA Provisional Qualifier 2:11.79)

Name	Yr.	School	Time
1. Noelle Peterson	Fr.	CSB	2:10.33 (Pool Record, NCAA Prov.)
2. Sarah Braschler	Fr.	HAM	2:13.07
3. Chrissy Soule	Fr.	STO	2:13.32
4. Chris DeLong	Sr.	STO	2:14.13
5. Lissa Soule	Sr.	STO	2:15.78
6. Michelle Koch	Fr.	CSB	2:16.17

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| 7. Lisa Soma | Sr. CSB | 2:19.74 |
| 8. Sandi Phinney | Sr. CAR | 2:19.97 |

100-Yard Freestyle

(MIAC Record 52.16, NCAA Automatic Qualifier 53.19, NCAA Provisional Qualifier 54.29)

Name	Yr.	School	Time
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|-------------------|-----|-----|--------------------|
| 1. Sarah Krohn | Sr. | GAC | 54.17 (NCAA Prov.) |
| 2. Courtney Remes | So. | CSB | 54.38 |
| 3. Debbie Pagels | Fr. | STO | 54.66 |

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| 4. Kristin Koch | Sr. | CSB | 54.91 |
| 5. Heather Niemi | Fr. | CSB | 55.21 |
| 6. Jalean Plotz | So. | CAR | 55.33 |
| 7. Emily Taylor | Fr. | STO | 55.40 |
| 8. Cindy Craig | Jr. | CAR | 55.71 |

200-Yard Breaststroke

(MIAC Record 2:23.44, NCAA Automatic Qualifier 2:24.99, NCAA Provisional Qualifier 2:29.59)

Name	Yr.	School	Time
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|---------------------|-----|-----|-----------------------------------|
| 1. Kelly Hoeschen | So. | CAR | 2:27.28 (Pool Record, NCAA Prov.) |
| 2. Deanne Siverson | Sr. | CSB | 2:27.64 (NCAA Prov.) |
| 3. Kristi Buecksler | So. | STO | 2:29.56 (NCAA Prov.) |

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| 4. Shana Letnes | Fr. | CON | 2:29.99 |
| 5. Krista Danneman | Fr. | STO | 2:36.05 |
| 6. Molly Nygaard | So. | STO | 2:36.64 |
| 7. Kathy Vaughn | So. | UST | 2:37.83 |
| 8. Sally Griffith | So. | CSC | 2:39.33 |

200-Yard Butterfly

(MIAC Record 2:08.92, NCAA Automatic Qualifier 2:10.59, NCAA Provisional Qualifier 2:13.99)

Name	Yr.	School	Time
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|--------------------|-----|-----|---------|
| 1. Katy Lindstroth | So. | STO | 2:14.12 |
| 2. Katie Olson | So. | CSB | 2:15.95 |
| 3. Ellen Sukovich | Fr. | CAR | 2:17.01 |

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| 4. Kelly Carmichael | Fr. | CAR | 2:20.20 |
| 5. Emily Paulson | So. | SMU | 2:23.47 |
| 6. Jordan Pitcher | Sr. | CAR | 2:24.04 |
| 7. Jalean Plotz | So. | CAR | 2:24.21 |
| 8. Nora Yanos | Jr. | HAM | 2:27.41 |

Three-Meter Diving

(MIAC Record 452.10, NCAA Automatic Qualifier 410)

Name	Yr.	School	Score
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|--------------------|-----|-----|---------------------|
| 1. Heidi Barklow | Jr. | CSB | 410.05 (NCAA Auto.) |
| 2. Jessica Johnson | Fr. | CSB | 389.50 |
| 3. Leanna Williams | Jr. | STO | 376.35 |

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| 4. Erika Halvorsen | Sr. | CON | 346.35 |
| 5. Crystal Duisch | Fr. | UST | 330.65 |
| 6. Susan Suldvedt | Fr. | GAC | 327.10 |
| 7. Aliesha Harkness | So. | CSB | 295.70 |
| 8. Aislynn Griffin | Sr. | MAC | 280.00 |

400-Yard Freestyle Relay

(MIAC record 3:36.84, NCAA Automatic Qualifier 3:35.59, NCAA Provisional Qualifier 3:39.59)

School	Time
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|---|-----------------------------------|
| 1. College of St. Benedict | 3:36.81 (MIAC Record, NCAA Prov.) |
| Michelle Macy (Jr.), Noelle Peterson (Fr.), Kristin Koch (Sr.), Courtney Remes (So.) | |
| 2. St. Olaf College | 3:38.48 (NCAA Prov.) |
| Debbie Pagels (Fr.), Chrissy Soule (Fr.), Emily Taylor (Fr.), Katy Linstroth (So.) | |
| 3. Gustavus Adolphus College | 3:41.83 |
| Ann Young (Fr.), Jessie Wagner (Fr.), Jayme Bartelt (Jr.), Sarah Krohn (Sr.) | |
| 4. Carleton College | 3:47.13 |
| Cindy Craig (Jr.), Ellen Sukovich (Fr.), Melissa Powell (Sr.), Jalean Plotz (So.) | |
| 5. Concordia College-Moorhead | 3:52.43 |
| Lindsey Bailey (Sr.), Janey Hill (So.), Anna Berg (Fr.), Carrie Bunker (Fr.) | |
| 6. Macalester College | 3:52.43 |
| Annie Hallberg (Fr.), Jennie Whitehouse (So.), Karin Halvorson (Fr.), Naomi Lince (Sr.) | |
| 7. University of St. Thomas | 3:52.80 |
| Kathy Vaughn (So.), Brooke Penaluna (So.), Jolayne Moberg (Fr.), Angie Childers (Jr.) | |
| 8. College of St. Catherine | 3:55.20 |
| Frannie Villafana (So.), Molly Boone (So.), Emilie Petersen (Jr.), Sally Griffith (So.) | |